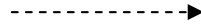




Key:

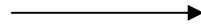
Running without the ball



Running with the ball



Pass



Players



TOPIC:

DATE:

<u>Technical Warm-up</u>	<u>Organization</u>	<u>Coaching Points</u>
<u>Activity One</u>		
<u>Activity Two</u>		
<u>Game</u> 